

LOCAL LIST

JULY 25, 2010

FRUITS

Citrus-

Navel Oranges- Florida

Blueberries— Michigan

Peaches— South Carolina

VEGETABLES

Basil- Georgia

Cabbage-

Savoy— North Carolina/Ohio

Green— North Carolina/ Ohio

Red— North Carolina/ Ohio

Corn-

White— OH/MI

Yellow— OH/MI

Cucumber - North Carolina/NJ

Eggplant-

Fancy— NC

Jumbo- NC

Hydroponics-

Watercress- Georgia

Bibb- Georgia

Teenage Romaine- Georgia

Gourmet (mixed baby)- Georgia

Micros Greens-

Celery- Georgia

Pea Shoots- Georgia

Rainbow- Georgia

Peas-

English- Florida

Hulled English- Florida

Hulled Black Eye- Florida

Hulled Crowder Speckled- Florida

Hulled Lady- Florida

Hulled Zipper- Florida

Shelled Butter Beans- Florida

Red Potatoes— Texas

Peppers (Large and medium Green)- TN/OH/CA

Jalapeno- Florida

Squash-

Yellow Crookneck- GA/TN/SC/NC/OH

Straightneck- GA/TN/SC/NC/OH

Zucchini (Fancy and medium)-GA/TN/SC/NC/OH

Sweet Potato- North Carolina (1lb., baby, jumbo)

Tomatoes-

Yellow/Purple Heirloom Mix— North Carolina

Cherry Heirloom-North Carolina

Heirloom- Florida

Vine Ripe- North Carolina and Florida

Yellow Grape- Florida

Cherry- Florida

Grape- Florida

Roma- Florida

OTHER

Juice- Florida

Orchid Isle-

Grapefruit Juice (gal, ½ gal, 12oz.)

Lemonade (1/2 gal, 16 oz.)

Lime Juice (Quart)

Orange Juice (25/1 pint, 25/8 oz., fresh squeezed, ½ gal.)

Eggs-

Large 15 dozen- Georgia

Large 30 dozen- Georgia

Please note: The extreme heat we have been experiencing over the last few weeks has had an adverse effect on the crops. Product is coming from more northern regions.

ORGANIC & DAIRY

DAIRY

Butter (salted and unsalted)- Sparkman's, Georgia
Buttermilk (1/2 gal)- Sparkman's, Georgia
Drinkable Yogurt 12/8 oz.- Sparkman's, Georgia, peach in house- other flavors upon request
Mozzarella- Atlanta fresh Creamery, Ga. (3/2 lb. logs)
Greek Yogurt- Atlanta fresh Creamery
Cherry-Port (2%, fat free)
Ginger Peach (2%, fat free, whole)
Mixed Berry (2%, fat free, whole)
Plain (fat free, 2%, 6/32oz, whole)
Tropical sweet heat (2%, fat free, whole)
Vanilla (2% 12/16oz., fat free, whole)
Vanilla-Caramel (fat free, 2%, whole 12/16oz)
Wildflower honey (whole, 2%, fat free)
Buttermilk- North Carolina (1/2 gal 1%, 1/2 gal 3.25%, 4/1 gal, 1/2 pint)
Heavy Cream- North Carolina (36% qts, 40% qts, 18%)
Milk- North Carolina (2%-1/2 pint, 2% gal, skim gal)
Soy milk- North Carolina (1/2 pint)

CHEESE (NEW):

Split Creek Farm- South Carolina
Feta in Brine
Dry Wrap Feta
Chevre Logs

Flat Creek Lodge-Georgia
Cypress Cheddar
Natural Rind Cheddar
Aztec Cheddar
Low Country Gouda

Coles Lake Dairy-Georgia
Plain Chevre
Persian style Feta

HONEY (NEW):

Allison's Honey-Georgia

Wildflower

Blackberry

Cotton

Sourwood

Also available, but not local

Tupelo

Orange Blossom

ORGANIC PRODUCE

Carrots

Mushrooms Chefs Blend (includes French Horn, Honji Meji, Maitakes)

Roma Tomato

Lettuces-

Baby Arugula and Wild Baby Arugula

Baby Spinach

Field Mix

Artisan Mixed Baby Heads

Heirloom Baby Head Lettuces (varies based on availability)

Sweet Gem

Frisse

ROYAL

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