

LOCAL LIST

JULY 25, 2010

FRUITS

Citrus-

Navel Oranges- Florida

Blueberries— Michigan

Peaches— South Carolina

VEGETABLES

Basil- Georgia

Cabbage-

Savoy— North Carolina/Ohio

Green— North Carolina/ Ohio

Red— North Carolina/ Ohio

Corn-

White— OH/MI

Yellow— OH/MI

Cucumber - North Carolina/NJ

Eggplant-

Fancy— NC

Jumbo- NC

Hydroponics-

Watercress- Georgia

Bibb- Georgia

Teenage Romaine- Georgia

Gourmet (mixed baby)- Georgia

Micros Greens-

Celery- Georgia

Pea Shoots- Georgia

Rainbow- Georgia

Peas-

English- Florida

Hulled English- Florida

Hulled Black Eye- Florida

Hulled Crowder Speckled- Florida

Hulled Lady- Florida

Hulled Zipper- Florida

Shelled Butter Beans- Florida

Red Potatoes— Texas

Peppers (Large and medium Green)- TN/OH/CA

Jalapeno- Florida

Squash-

Yellow Crookneck- GA/TN/SC/NC/OH

Straightneck- GA/TN/SC/NC/OH

Zucchini (Fancy and medium)-GA/TN/SC/NC/OH

Sweet Potato- North Carolina (1lb., baby, jumbo)

Tomatoes-

Yellow/Purple Heirloom Mix— North Carolina

Cherry Heirloom-North Carolina

Heirloom- Florida

Vine Ripe- North Carolina and Florida

Yellow Grape- Florida

Cherry- Florida

Grape- Florida

Roma- Florida

OTHER

Juice- Florida

Orchid Isle-

Grapefruit Juice (gal, ½ gal, 12oz.)

Lemonade (1/2 gal, 16 oz.)

Lime Juice (Quart)

Orange Juice (25/1 pint, 25/8 oz., fresh squeezed, ½ gal.)

Eggs-

Large 15 dozen- Georgia

Large 30 dozen- Georgia

Please note: The extreme heat we have been experiencing over the last few weeks has had an adverse effect on the crops. Product is coming from more northern regions.

ORGANIC & DAIRY

DAIRY

Butter (salted and unsalted)- Sparkman's, Georgia
Buttermilk (1/2 gal)- Sparkman's, Georgia
Drinkable Yogurt 12/8 oz.- Sparkman's, Georgia, peach in house- other flavors upon request
Mozzarella- Atlanta fresh Creamery, Ga. (3/2 lb. logs)
Greek Yogurt- Atlanta fresh Creamery
Cherry-Port (2%, fat free)
Ginger Peach (2%, fat free, whole)
Mixed Berry (2%, fat free, whole)
Plain (fat free, 2%, 6/32oz, whole)
Tropical sweet heat (2%, fat free, whole)
Vanilla (2% 12/16oz., fat free, whole)
Vanilla-Caramel (fat free, 2%, whole 12/16oz)
Wildflower honey (whole, 2%, fat free)
Buttermilk- North Carolina (1/2 gal 1%, 1/2 gal 3.25%, 4/1 gal, 1/2 pint)
Heavy Cream- North Carolina (36% qts, 40% qts, 18%)
Milk- North Carolina (2%-1/2 pint, 2% gal, skim gal)
Soy milk- North Carolina (1/2 pint)

CHEESE (NEW):

Split Creek Farm- South Carolina
Feta in Brine
Dry Wrap Feta
Chevre Logs

Flat Creek Lodge-Georgia
Cypress Cheddar
Natural Rind Cheddar
Aztec Cheddar
Low Country Gouda

Coles Lake Dairy-Georgia
Plain Chevre
Persian style Feta

HONEY (NEW):

Allison's Honey-Georgia

Wildflower

Blackberry

Cotton

Sourwood

Also available, but not local

Tupelo

Orange Blossom

ORGANIC PRODUCE

Carrots

Mushrooms Chefs Blend (includes French Horn, Honji Meji, Maitakes)

Roma Tomato

Lettuces-

Baby Arugula and Wild Baby Arugula

Baby Spinach

Field Mix

Artisan Mixed Baby Heads

Heirloom Baby Head Lettuces (varies based on availability)

Sweet Gem

Frisse

The logo for ROYAL features the word "ROYAL" in a blue, serif font. A red apple with a green leaf is positioned over the letter 'O'.

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