

MARCH 08, 2010

# HarvestSensations®

*Make St. Patrick's Day delicious & exciting!*  
**HEIRLOOM POTATO VARIETIES**



**ASSORTED FINGERLING**  
10, 20 & 50LB



**PURPLE A, B & C**  
50LB



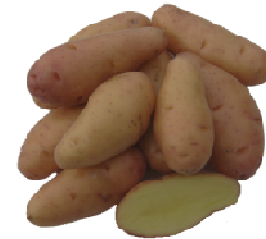
**FRENCH FINGERLING**  
10, 20 & 50LB



**RUSSIAN BANANA FINGERLING**  
10, 20 & 50LB



**KING EDWARD**  
50LB



**RUBY CRESCENT**  
50LB



**RED THUMB**  
10, 20 & 50LB



**GERMAN BUTTERBALL A,B & C**  
10, 20 & 50LB

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## FOOD FOR THOUGHT

### HEIRLOOM POTATOES

- First cultivated in Chile and Peru over 10,000 years ago
- Thousands of multicolored varieties have been developed since first cultivated. Most varieties were almost eliminated due to the industrialization of mono-crop farming (one crop i.e. one potato) mainly for our craving for fast food French fries ~ fortunately people have come to see the importance (if only for amazing flavor) of keeping the bio-diversity of the potato crop alive and well ~ mono crop planting can bring about disaster like it did during the potato famine...
- Some of the older varieties exist only in gene banks now and are being worked on by scientist to create disease resistant strains for the future
- Most readily available varieties include:
  - ❖ **Russian Banana**
  - ❖ **French**
  - ❖ **Purple**
  - ❖ **Ruby Crescent**
  - ❖ **Red Thumb**
- The smallest potatoes were once discarded or given to the poor due to fact that they are so small they fall through the harvesters. They were once called “gleaners” after those who hand harvested them, and given the workers for food, are now known as *Pee Wees*, still hand harvested but now the most unusual.

**PACK SIZE:** 10LB, 20LB & 50LB

**SEASON:** ANNUAL with some gapping

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## HOLIDAY HISTORY

### ST. PATRICK'S DAY



St. Patrick is the patron saint of Ireland. He is one of Christianity's most widely known figures. But for all his celebrity many of the stories traditionally associated with St. Patrick are the products of hundreds of years of exaggerated storytelling including the famous account of his banishing all the snakes from Ireland St.

It is known that St. Patrick was born in Britain to wealthy parents near the end of the fourth century. He is believed to have died on March 17, around 460 A.D. At the age of sixteen, Patrick was taken prisoner by a group of Irish raiders. They took him to Ireland where he spent six years as a slave in captivity. During this time, he worked as a shepherd, outdoors and away from people. Lonely and afraid, he turned to his religion for solace, becoming a devout Christian. It is also believed that during this time Patrick first began to dream of converting the Irish people to Christianity. After more than six years as a prisoner, Patrick escaped. After escaping to Britain, Patrick reported that he experienced a revelation-an angel in a dream tells him to return to Ireland as a missionary. Soon after, Patrick began religious training, a course of study that lasted more than fifteen years. After his ordination as a priest, he was sent to Ireland with a dual mission-to minister to Christians already living in Ireland and to begin to convert the Irish. Familiar with the Irish language and culture, Patrick chose to incorporate traditional ritual into his lessons of Christianity instead of attempting to eradicate native Irish beliefs. For instance, he used bonfires to celebrate Easter since the Irish were used to honoring their gods with fire. He also superimposed a sun, a powerful Irish symbol, onto the Christian cross to create what is now called a Celtic cross. And it is proposed that he used the shamrock to teach the trinity.

**March 17<sup>th</sup>, St. Patrick's Day, honors St. Patrick's death.**